





# 9th Annual Birth Trauma Summit

TUESDAY 14TH MAY



12 - 12:20

Welcome from Make Birth Better

12:20 - 1:10

**KEYNOTE:** Professor Suzette Woodward | What do we mean by “safety”? A talk on patient safety and psychological safety

1:10 - 1:20

Showcase of birth trauma research | Comfort break

1:20 - 1:40

Alex Smith, AIMS | Signs that you want to help: deafness and birth trauma

1:40 - 2:00

Jo Disney-Spiers, Retired Midwife & Therapist | Loss from the perspective of a grandmother

2:00 - 2:15

Poetry by Desree, Award-Winning Spoken Word Artist | Comfort break

2:15 - 2:35

Jayde Edwards, Young Mums Connect | The Impact of birth trauma on teenage mothers: my personal experience, a Mum at 15

2:35 - 2:55

Julianne Moore & Tania Harrison, Irwin Mitchell | The importance of communication - a legal perspective

2:55 - 3:05

Showcase of birth trauma research | Comfort break

3:05 - 3:50

**PANEL** | Are womens’ expectations too high? Do we need to bridge the gap between expectations and reality?

3:50 - 4:00

Closing remarks | Make Birth Better Co-founder Dr Rebecca Moore

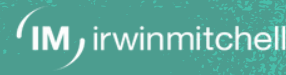


# 9th Annual Birth Trauma Summit

WEDNESDAY 15TH MAY



12 - 12:05	Welcome back from Make Birth Better CEO Nikki Wilson
12:05 - 12:55	KEYNOTE: Dr Annabel Sowemimo, Consultant, Author, Academic and Activist   Decolonising medicine and maternity
12:55 - 1:15	Dr Hazel Keedle, Senior Lecturer and Director   What women taught us about obstetric violence in the Australian Birth Experiences Study
1:15 - 1:25	Creative work showcase   Comfort break
1:25 - 1:45	Angela Frazer-Wicks MBE, Family Rights Group   Trauma-informed maternity care for women involved with children's social care
1:45 - 2:30	PANEL   "Listen to women" - a directive across all reports aimed at improving maternity care. What is stopping this from truly happening?
2:30 - 2:40	Creative work showcase   Comfort break
2:40 - 3:00	Dr Chrishanthi Jayarajah, Consultant Perinatal Psychiatrist   Can gender disappointment affect perinatal mental health?
3:00 - 3:10	Nikki Wilson, Make Birth Better CEO   An overview of the recommendations from the Public Inquiry into Birth Trauma
3:10 - 3:55	Dr Rebecca Moore, Make Birth Better Co-founder   Celebrating changemakers shifting the dial on perinatal trauma
3:55 - 4:00	Closing remarks   Make Birth Better Co-founder Dr Rebecca Moore



Thank you to our keynote speaker:  
Tuesday 14th May



MORE ABOUT SUZETTE AND  
HER WORK



Suzette

### KEYNOTE: Professor Suzette Woodward

Professor Suzette Woodward Prof, DSc, MSc, DipMS is a former paediatric intensive care nurse who has worked in the NHS for 45 years with 25 years in patient safety. She provides patient safety consultancy in the UK and internationally. Previous roles include: National Patient Safety Director at the NPSA, and National Clinical Director, Sign up to Safety Campaign. She has a Doctorate in Patient Safety, masters in clinical risk, an honorary doctorate of science and has written three books on patient safety.



# CHAMPIONS



At Make Birth Better our champions volunteer their time and share their voice so together we can make birth better for all.

Join our group of parents and professionals, all passionate about driving change. This is a totally flexible commitment and you can choose what you do depending on the amount of time you have available, as well as your interests.

Visit: [makebirthbetter.org/volunteer](https://makebirthbetter.org/volunteer)



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# Thank you to our soundbite session speakers: Tuesday 14th May



Alex



Jo



Desree



Jayde



Julianne



Tania

From top left to right:

Alex Smith, AIMS: for a better birth | [www.aims.org.uk](http://www.aims.org.uk)

Jo Disney-Spiers, Retired Midwife & Therapist | [www.thought-tree.uk](http://www.thought-tree.uk)

Desree, Award-Winning Spoken Word Artist | [www.iamdesree.co.uk](http://www.iamdesree.co.uk)

From bottom left to right:

Jayde Edwards, Young Mums Connect | [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

Julianne Moore, |Partner at Irwin Mitchell | [www.irwinmitchell.com](http://www.irwinmitchell.com)

Tania Harrison, Partner at Irwin Mitchell | [www.irwinmitchell.com](http://www.irwinmitchell.com)

If you would like to contact any of these speakers directly and do not have their details please email Lauren on [hello@makebirthbetter.org](mailto:hello@makebirthbetter.org)



# Thank you to our panel speakers: Tuesday 14th May



From top left to right:

Sakina Ballard, Make Birth Better Director | [www.makebirthbetter.org](http://www.makebirthbetter.org)

Mars Lord, Certified Life Coach and birth activist | [www.marslord.co.uk](http://www.marslord.co.uk)

From bottom left to right:

Moonlie Fong-Whittaker, Artist & MBB Champion | [www.instagram.com/moonlie\\_illo](http://www.instagram.com/moonlie_illo)

Theo Clarke MP, Chair of APPG on Birth Trauma | [www.theo-clarke.org.uk](http://www.theo-clarke.org.uk)

Hannah Horne, Head of Midwifery and Gynaecology & MBB Champion | Queen Elizabeth's Hospital, Margate

If you would like to contact any of these panelists directly and do not have their details please email Lauren on [hello@makebirthbetter.org](mailto:hello@makebirthbetter.org)





# Thank you to our keynote speakers

## Wednesday 15th May



MORE ABOUT ANNABEL AND  
REBECCA AND THEIR WORK



### KEYNOTE: Dr Annabel Sowemimo

Dr Annabel Sowemimo is a Consultant in Community Sexual & Reproductive Health with a special interest in tackling Gender Based Violence and improving access for marginalised groups. Her first book “Divided: Racism, Medicine and Decolonising Healthcare” was shortlisted for the Orwell Prize for Political Non-Fiction. She founded Reproductive Justice Initiative (RJI) and has been awarded the Outstanding Achievement award by the British Association of Sexual Health and HIV (BASHH). She is a Harold Moody Scholar at King’s College London with her research focusing on the experiences of Black women in Britain and fertility control.



### KEYNOTE: Dr Rebecca Moore

Dr Rebecca Moore works as a Perinatal Psychiatrist in London, dealing with infertility, pregnancy loss, anxiety, depression, OCD and trauma. She has clinical experience spanning over twenty years and has a particular interest in birth trauma. This led her to found the Annual Birth Trauma Conference in 2015 and then to co-found Make Birth Better with Dr Emma Svanberg in 2018. As one of the UK’s leading experts on birth trauma she has become an internationally-renowned trainer and speaker. She advises government, healthcare leaders and research groups across perinatal mental health topics. She is a passionate believer in the change that can happen when compassion and collaboration come together.



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# Thank you to our soundbite session speakers: Wednesday 15th May



*Hazel*



*Angela*



*Chrisanthy*

From left to right:

Dr Hazel Keedle, Senior Lecturer of Midwifery and Director of Academic Midwifery Programmes | Western Sydney University

Angela Frazer-Wicks MBE, Chair of Family Rights Group, Advocate and Trainer | [www.frg.org.uk](http://www.frg.org.uk)

Dr Chrisanthy Jayarajah, Consultant Perinatal Psychiatrist and Clinical Lead of Perinatal Services | CNWL NHS Foundation Trust

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# Thank you to our panel speakers: Wednesday 15th May



*Sakina*



*Amina*



*Scott*



*Bea*



*Jasmine*



*Despina*

From top left to right:

Sakina Ballard, Make Birth Better Director | [www.makebirthbetter.org](http://www.makebirthbetter.org)

Amina Berour, Intern Doctor & Research Officer | International Journal of Clinical Research

Scott Mair, Founder of Fatherhood Solutions | [www.fatherhoodsolutions.co.uk](http://www.fatherhoodsolutions.co.uk)

From bottom left to right:

Bea Gardiner, Student Midwife & MBB Champion | [www.makebirthbetter.org/volunteer](http://www.makebirthbetter.org/volunteer)

Jasmine Bundock, MBB Champion | [www.makebirthbetter.org/volunteer](http://www.makebirthbetter.org/volunteer)

Despina Kavadas, Partner at Leigh Day | [www.leighday.co.uk](http://www.leighday.co.uk)

If you would like to contact any of these speakers directly and do not have their details please email Lauren on [hello@makebirthbetter.org](mailto:hello@makebirthbetter.org)



The 9th Annual

# BIRTH TRAUMA SUMMIT

14TH & 15TH MAY 2024

## WE'D ALSO LIKE TO THANK

- our partners - in particular Irwin Mitchell, Leigh Day and The National Lottery Community Fund
- all those who shared their research projects with us
- all those who shared their best practices examples with us
- all those who shared their beautiful creative work with us
- our wonderful team: Lauren, Evelien, Lucy, Katie, Claire, Trudi, Nikki, Sakina & Becca



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